

## OCTOBER 2021

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Principal -  
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Secretary -  
K. Comfort

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**Dates to Remember:**

**Oct. 3** - Last day of Indigo Adopt-a-School Fund-raiser

**Oct. 5** - World Teacher's Day

**Oct. 11** - Thanksgiving Day (no school)

**Oct. 20** - Gr 6/7 to Adventure Campus

**Oct. 20** - Take Me Outside Day

**Oct. 26** - School Council Meeting 6:45 p.m.

**Oct. 27** - Picture Day

Thank you to everyone who made a donation to our Terry Fox Walk/Run Day! We raised **\$900** for Cancer Research!

### INDIGO ADOPT-A-SCHOOL FUNDRAISER

For the past 3 weeks we have been very fortunate to be partnered up with Coles at the Seaway Mall to raise funds to purchase books for our library. Coles has been collecting donations as well as books that have been purchased to donated directly to the school. Funds have been collected through online donations as well. We are excited to find out what the total is at the end. Plus some of our staff will be winning a "Pie in the Face" which they are very excited about. Stay tuned as we share the results and the great books we get to buy. Plus we will be sharing pictures of the pies in the face!!! Thank you for your contributions!

**Check out our Website!!**  
<http://gainsborough.dsb.org/>

### BATTERY RECYCLING CHALLENGE



This year we are hoping to be able to participate in collecting batteries as we have in the past to keep them out of our landfills. Please keep collecting those used batteries! Here are some tips to keep in mind while you are storing your batteries at home.

- Store batteries in a cool, dry place.
- Store batteries in a plastic or cardboard container.
- Tape the positive terminal ends of the batteries.

### WORLD TEACHER'S DAY



On Tuesday, October 5th, we recognize our teachers for World Teacher's Day. Teachers are one of the greatest

people whom you can come across in your life. They are not only selfless givers, but also the mentors of your life. At every step of your life, you come across teachers who devote their entire life in the enlightenment of students like you. For sure, teachers' definition can't be limited to a subject teacher because anyone that guides you in your life is a teacher. Many times in life, you feel like thanking your teacher but you do not find a proper occasion. So this Teacher's Day commemorate your teacher's efforts and thank him/her for being the guiding light in your life.

### MEANS OF COMMUNICATION

We believe that communication is important and want to ensure you are aware of what is happening in our school. Currently, we have a School Website the is updated regularly and provides you with school information and access to a live school calendar. We also send you a Weekly Update Email (it arrives in your inbox on Fridays, late afternoon) and provides you will what is coming up at the school the following week. Each month we send you a newsletter (like this one) for you to look over.

We want to find out if these means of communication are useful for you and see if there is a option that is being used more often than others. We also want to see if having a Social Media platform will be of interest to you. On Friday you received a link to a survey for this topic in your Weekly Update Email. We ask that only one submission is completed per family so we have true data.

Thank you to those that have already completed it!

Thank You to Everyone for their participation in our Orange Shirt Day! Here are a couple of the projects that the classes completed.



Kdg Creation



Gr 7/8 Creation

## WELLNESS WALL

Our school has a **Wellness Wall**. The goal of the Wellness Wall campaign is to make a positive impact at our school, and encourage more conversation and learning around mental health and wellness. This campaign is a collaboration between the DSBN and Pathstones Mental Health with each school in DSBN receiving a wall.



Students and staff are encouraged to interact with the wall, leaving **“POSITIVE VIBES”** that you can create on a post-it note. **Keep it positive, keep it creative, keep it fun!** Every 3 months the theme will change. Sept- Nov theme is Back to school & Stress Management.

There is also a **QR code** on the wall to be directed to **Pathstone’s Immediate Services** which include:  
\*calling the 24/7 Crisis & Support Line **1-800-263-4944**  
\*In-person Walk-In Clinic support located across the Niagara Region  
\*Video Walk-in Clinic support services, reachable anywhere in Niagara

## Niagara Region Public Health

School Health Newsletter 

## COVID-19 Update

Niagara Region Public Health has recently updated their [Schools & Child Care During COVID-19](#) webpage! This page provides Niagara specific guidance for schools and childcare settings, along with helpful resources to support parents/caregivers.

Public Health recommends all eligible individuals be vaccinated against COVID-19. Vaccination is the best line of defence for preventing COVID-19 in the school and childcare setting. Visit a [Niagara Region Public Health COVID-19 Vaccination Clinic](#), book an appointment online through the provincial portal at [Ontario.ca/bookvaccine](https://ontario.ca/bookvaccine) or call the booking system at 1-833-943-3900.

For up-to-date information on COVID-19 and vaccine eligibility, please visit the Niagara Region Public Health’s [website](#), [Facebook](#), [Twitter](#) and [Instagram](#). Public health professionals are available to answer any questions through the COVID-19 Info-line Monday to Friday, 8:30 a.m. to 4:15 p.m.

905-688-8248 or 1-888-505-6074, press 7

[COVID-19 Info-Line wait times](#)

[Chat online](#) in 90 different languages with auto-translate

## Don’t be scared by cavities this Halloween!

Here are some helpful tips to keep your child’s teeth healthy during Halloween:

Limit the amount of sticky and sugary treats and drinks

Choose candy smartly. Hard candies like lollipops and jawbreakers can chip teeth.

If your child has braces, have them avoid eating any popcorn, hard candy, and chewy treats

Brush and floss teeth after eating tasty sweets



Book your child a **FREE** dental appointment at one of Public Health’s dental clinics by calling 905-688-8248 or 1-888-505-6074 ext. 7399

To learn more on how to keep your family’s teeth healthy, visit [www.niagararegion.ca/health](https://www.niagararegion.ca/health) search “dental.”